



Personal Gear Checklist

✓	ITEM	Equipment Provided (Do NOT Bring)
	1 Sleeping bag (Could go down to the 40's)	Backpackers Stove
	2 Air Mattress/ Foam Pad	Stove Fuel
	3 Ground sheet (8x12)	Large Serving Spoon
	4 Windbreaker	Pot
	5 Tennis shoes	Pans
	6 River shoes (covered toes is a plus)	Cups
	7 Clothing	Rope
	A (2) Shorts	Water Container
	B (2) T-Shirts 1 will be prov	Food
	C (2) Socks	Lighter/ Matches
	D (3) Change underwear	Toilet Paper
	E (1) Nylon pants	Water Filter
	F (1) Neoprene socks- optional	Canoes
	8 Bar Soap	Life Jacket
	9 Toothbrush	Paddle
	10 Toothpaste	Message From TOGA
	11 Small Towel	FOR WHITE WATER TRIPS OUR MAX WEIGHT SHOULD NOT BE OVER 450 LBS. (PEOPLE AND GEAR). REMEMBER; PACK AS LIGHT AS YOU THINK YOU CAN. THE LIGHTER THE CANOE THE BETTER CHANCE YOU WILL HAVE A SUCCESSFUL, FUN, DRY, TRIP
	12 Wash cloth	
	13 First Aid Kit	
	14 Canteen with strap	
	16 Sunscreen (small container)	
	17 Hat (brim to protect neck and face)	Another Thought
	18 Stocking cap (for cold nights) - Important	
	19 Flashlight	
	20 Extra batteries for flashlight	
	21 Knife (one per canoe)	IT WILL BE IMPORTANT TO BE ABLE TO HAVE BREAKFAST, BREAK CAMP, LOAD CANOES AND BE ON OUR WAY WITHIN 2 HOURS EACH MORNING. THEREFORE, KEEP THINGS SIMPLE.
	22 Dry Bag	
	23 Small Pillow or use clothes in cotton bag	
	24 Knife, Fork, Spoon	
	OPTIONAL EQUIPMENT	Suggestion
	25 Swimsuit	PERSONAL GEAR SHOULD WEIGH UNDER 25 LBS. PLEASE WEIGH ALL BAGS YOU WILL HAVE ON THE RIVER AND MARK THE WEIGHT ON THE BAGS. THIS WILL HELP US EVEN THINGS OUT WHEN LOADING CANOES.
	26 Fishing Pole/Tackle/Bait	
	27 Hand lotion	
	28 Camp chair (under 8 pounds) (Recommended For Adults)	
	29 Sunglasses with neck strap	
	30 Waterproof Camera	